



REGISTER YOUR WRESTLER TODAY!

We use the information from the registration form to order wrestling warmups, maintain emergency contact details for our wrestlers, identify food choices for dual meets & tournaments, and ensure we have accurate parental contact for team updates.

www.shalerareawrestling.com/#signup

PARENTAL EXPECTATIONS

Each season, the Shaler Area wrestling team hosts home dual meets, tournaments, and numerous events for our wrestlers, and we rely heavily on parental involvement to make it all possible. For the 2025-2026 season, we have set a few key expectations for each family:

1. **Fundraising:** Each wrestler/family is responsible for raising money through scheduled fundraisers (see "Important Dates & Fundraising Schedule"). Wrestling is not a pay-to-play sport, so rather than asking for direct payment, we ask for your support in raising these funds.
2. **Volunteering & Donation (2 events & 4 donations):** Families are expected to volunteer two of our events throughout the season. These are not all-day commitments, just shifts during events. More details and a sign-up link will be provided as the season begins. Further, to support our events, we ask that each family donate at least four food items and/or drinks for our dual meets and tournaments to sell in our concession stands, helping us raise funds that directly benefit our wrestlers.
3. **Singlets:** Wrestlers will receive a team singlet, which must be returned in good condition at the end of the season. Warmups and t-shirts are the wrestlers to keep.

To meet our expectations, we ask that the following undated checks be submitted to the volunteer board by the start of the wrestling season (11/14). These checks **will not be cashed**; they will be held until the end of the season or until your commitments have been fulfilled:

- Fundraising Check: \$200
- Volunteer & Donation Check: \$200
- Singlet Check: \$200

Example: Once you meet the fundraising goal, the fundraising check will be returned. The check will be cashed if you do not reach the \$200 fundraising goal. Similarly, those checks will be returned after completing your volunteer and donation obligations and returning the singlet at the season's end. If any obligations are unmet, we will contact you individually to discuss the next steps.



Our intent is never to cash these checks. The goal is to ensure that each family helps make the season successful for all our wrestlers, as the coaches and volunteer board cannot do it alone. We appreciate your support and dedication to your wrestlers—thank you in advance for helping us have a great season!

OUR FIRST FUNDRAISER

Our first fundraiser of the year is **RAFFLE TICKETS**, one of our biggest and most successful fundraisers. The money raised helps us purchase warmups for the team.

We ask each wrestler to sell 10 raffle tickets at \$10 each. These tickets offer four payout opportunities based on the Pick 3 (PA Lottery) every Saturday evening in December.

You must provide a \$100 postdated check for 12/5/25 to receive your raffle tickets. If you pay upfront, you keep the proceeds from the ticket sales. If you provide a postdated check, you can either return the proceeds to a volunteer board member and have your check returned or keep the proceeds, and your check will be deposited on 12/5.

By selling the 10 raffle tickets, you'll be 50% complete toward your annual fundraising goal! If you'd like to sell more, just let one of the volunteer board members know, and we'll gladly provide additional tickets.

UPCOMING EVENTS

Team Sponsorship

We are actively seeking sponsors for the 2025-2026 season. If you or someone you know owns a business and would like to sponsor the team, please contact a volunteer board member or check www.shalerareawrestling.com/#sponsorship

Preseason Practice

Our coaches offer after-school practice sessions a few days a week to help our wrestlers get back on the mat. Check GameChanger for weekly updates on practice days and times. If you're not on GameChanger, please register your wrestler at our website (www.shalerareawrestling.com) and you will be added.

Weight Certifications & Physicals

If your wrestler didn't play a fall sport, they'll need a physical to participate in wrestling. Shaler Area offered physicals on November 4th, if your wrestler missed this opportunity, please see your PCP or an Urgent Care for a PIAA sports physical.



Junior High and High School wrestlers also need a mandatory weight certification, including a weigh-in and hydration test, to ensure safe weight management. Initial certifications have already been completed. If your wrestler missed these certifications, please let a coach know ASAP.

Important Dates

November 14 – **Official First Day of Practice**

November 21 – **Picture Day**

November 22 – **Start of Regular Season**

December 5, 6 – **Titan Duals (Set up & Tournament)**

December 22- January 5 – **Winter Break**

January 9, 10 – **Allegheny Co Tournament**

February 6, 7 – **PIAA Team Championship**

March 5, 6, 7 – **PIAA Individual Championship**