Shaler Area Wrestling Association
2409 E Springwood Drive, Glenshaw, PA 15116
https://www.shalerareawrestling.com
shalerareawrestlingassoc@gmail.com

2026–2027 SEASON

PARENT INFORMATION

REGISTER YOUR WRESTLER TODAY

We use registration info to order warmups, keep emergency contacts on file, plan food for dual meets and tournaments, and make sure we can reach you with team updates.

shalerareawrestling.com/registration.html

PARENTAL EXPECTATIONS

Our home dual meets, tournaments, and team events happen because parents step up. For the 2026–2027 season, we ask three things of every family:

1 FUNDRAISING: $150 PER WRESTLER

Each wrestler and family is responsible for raising $150 through our scheduled fundraisers. Wrestling is not a pay-to-play sport, so instead of asking for direct payment, we ask for your help raising these funds.

2 VOLUNTEERING & DONATION: 2 EVENTS & 4 DONATIONS

Volunteer for two of our events during the season. These are shifts, not all-day commitments, and a sign-up link is coming as the season begins. Please also donate at least four food or drink items for our concession stands. Concession sales go directly to our wrestlers.

3 SINGLETS & WARMUPS

Each wrestler receives a team singlet that must be returned in good condition at the end of the season. Warmups and t-shirts are theirs to keep. New this year: our boys and girls varsity teams will have their own varsity warmup, and our junior high team will have a junior high warmup.

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COMMITMENT CHECKS

Please give the volunteer board two undated checks by the first day of practice, **Friday, November 20**. These checks **will not be cashed**. We hold them until the end of the season or until your commitments are fulfilled.

$150
FUNDRAISING CHECK
Returned once you reach your $150 fundraising goal.

$150
VOLUNTEER & DONATION CHECK
Returned once you complete 2 volunteer shifts and 4 concession donations.

Our intent is never to cash these checks. If a commitment is not met, we will contact you individually to talk through next steps.

OUR FIRST FUNDRAISER

PICK-A-DAY CALENDAR · $1,000 DRAWING

Every wrestler receives a calendar sheet and a donor log. Ask family, friends, neighbors, and coworkers to pick a day.

1 PICK A DAY
Donors choose any open day, 1 through 31.

2 DONATE THE DATE
The 1st is $1, the 15th is $15, the 31st is $31.

3 ENTER TO WIN
Every day bought is one entry in the $1,000 drawing.

TURN IN BY	DRAWING	FULL CALENDAR RAISES
Sunday, Dec. 6, 2026	**Sunday, Dec. 20, 2026**	**$496**

Log each donor's name and phone or email so we can reach the winner, then return the calendar, donor log, and all money to your coach. Donors can pay cash, Venmo, or check payable to **Shaler Area Wrestling Association**. Every dollar counts toward your $150 goal.

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GET INVOLVED

Beyond your two volunteer shifts, here are three ways to make a big difference this season.

BUSINESS SPONSORSHIP

Own a business, or know a local business owner? Let us know and we will reach out. Sponsorships go directly to supporting our wrestlers.

MATCH NIGHT CREW

We need help at home match nights. If you can help set up and support the technical side of the night, let us know.

TITAN DUALS

Our home tournament is Saturday, December 5. It is a great way to knock out a volunteer shift early in the season.

RAISE YOUR HAND:

talk to any volunteer board member or email **shalerareawrestlingassoc@gmail.com**

BEFORE THE SEASON

SPORTS PHYSICALS

If your wrestler did not play a fall sport, they need a PIAA sports physical to participate. Shaler Area High School is offering winter sports physicals on **Tuesday, November 3, from 12:45 to 2:00 pm ($10)**. If your wrestler misses it, please see your PCP or an urgent care for a PIAA sports physical.

WEIGHT CERTIFICATION

Junior high and high school wrestlers also need a mandatory weight certification, including a weigh-in and hydration test, to ensure safe weight management. If your wrestler misses their certification, please let a coach know as soon as possible.

PRACTICE UPDATES

Coaches post practice days and times on GameChanger. Not on GameChanger yet? Register your wrestler at **shalerareawrestling.com/registration.html** and you will be added.

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IMPORTANT DATES

Family deadlines are marked in red. Put these on your calendar now.

Tue, Nov. 3	Winter Sports Physicals at Shaler Area HS, 12:45 to 2:00 pm ($10)
Mon, Nov. 16	Winter Sports Parent/Guardian Info Meeting, 6:30 pm
Fri, Nov. 20	**First PIAA Practice** · Commitment checks due
Sat, Nov. 28	First Inter-School Practice or Scrimmage
Fri, Dec. 4	First Official Competition
Sat, Dec. 5	**Titan Duals** (home tournament)
Sun, Dec. 6	**Pick-A-Day calendars and money due** to your coach
Sun, Dec. 20	$1,000 Pick-A-Day Drawing
Dec. 21 to Jan. 1	Holiday Break (no school)
Fri & Sat, Jan. 8 to 9	**Allegheny County Championship**
Fri, Feb. 12	**PIAA Team Championships**
Mar. 11 to 13	**PIAA Individual Championships**

QUESTIONS?

Talk to any coach or volunteer board member, or reach the Shaler Area Wrestling Board at **shalerareawrestlingassoc@gmail.com**.

THANK YOU FOR SUPPORTING TITANS WRESTLING!

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PARENT/GUARDIAN CODE OF CONDUCT

As a parent or guardian of a wrestler in the Shaler Area Wrestling program, I commit to supporting a positive, respectful, safe, and growth-oriented experience for all wrestlers, coaches, referees, volunteers, and spectators. In the spirit of teaching our athletes the values of respect, professionalism, and integrity both on and off the mat, we ask each parent/guardian to review and sign this Parent Code of Conduct. By doing so, we affirm our shared responsibility to model the behaviors and attitudes we hope to see in our athletes and to help foster a strong, supportive wrestling community for all.

Please read each code carefully. Agreeing to them is a condition of participation in the Shaler Area Wrestling program.

1 ATHLETE WELL-BEING FIRST

- I will prioritize the physical and emotional health of all wrestlers over winning or match outcomes.
- I will encourage effort, growth, and enjoyment of the sport above all else.

2 RESPECT & SPORTSMANSHIP

- I will treat wrestlers, coaches, referees, volunteers, and spectators with courtesy and respect at all times.
- I will model good sportsmanship, cheering positively and never criticizing or arguing with officials or coaches.

3 POSITIVE ENGAGEMENT & SUPPORT

- I will be a supportive spectator, celebrating hard work and improvement rather than just victories.
- I will allow coaches to coach and avoid giving instructions from the stands.

4 COMMUNICATION & COLLABORATION

- I will communicate concerns calmly, respectfully, and at an appropriate time following the "24-hour rule."
- I will refrain from negative or public comments about coaches, officials, or athletes, including on social media.

5 TEAM & PROGRAM SUPPORT

- I will ensure my child attends practices and events prepared and committed to the team's goals and rules.
- I will contribute to a positive team culture by supporting all wrestlers and volunteering when able.

6 CONSEQUENCES & ACCOUNTABILITY

- I understand violations of this Code may result in warnings, removal from events, or loss of spectator privileges.
- I will act in a way that upholds the integrity and reputation of Shaler Area Wrestling at all times.

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PLEASE SIGN AND RETURN THIS PAGE

CODE OF CONDUCT ACKNOWLEDGMENT & REVIEW

By signing this form, I acknowledge that I have read, understand, and agree to uphold the Shaler Area Wrestling Parent/Guardian Code of Conduct.

All conduct concerns will be reviewed by the Shaler Area Wrestling Board during the regularly scheduled monthly board meetings. Any violations will be addressed through a tiered system designed to promote accountability and improvement:

First Violation	Written warning
Second Violation	Possible restriction on parent attendance at matches or tournaments
Third Violation	May result in limited participation in further team privileges

The Board and head coach will review each case individually and apply consequences appropriate to the situation and severity of the violation.

We also believe in recognizing the many parents who continually support and strengthen our program. Each season, we celebrate those whose positive attitude, volunteerism, and encouragement make a lasting impact, through small tokens of appreciation such as gift cards, acknowledgments, and team recognition.

Thank you for helping us create a respectful, supportive, and unified environment for all wrestlers and families within Shaler Area Wrestling.

Parent/Guardian Signature _____

Printed Name _____ **Date** _____

Athlete Name(s) _____

Shaler Area Wrestling Association is a registered 501(c)(3) nonprofit organization. Contributions may be tax-deductible as allowed by law.